

SPEAKING KIT · 2026

DUAN ASEMOTA

Canadian Olympic Sprinter, Keynote Speaker

Commonwealth Silver Medalist · World Relays Gold and Silver
2025 Canadian 100m Champion · Paris 2024 Olympian

TO BOOK

Represented by Tonbara Sports & Entertainment
representation@tonbarasports.com · tonbarasports.com

duanasemota.ca/speaking

Speak to your room.

I speak about high performance, the comeback mindset, and what it actually takes to compete on the world stage.

I ran the Paris 2024 Olympics through a torn labrum and a sports hernia, then came back the next year to be crowned 2025 Canadian 100m Champion. In 2026 I helped Team Canada to a Commonwealth Games silver in the men's 4x100m and a World Relays silver. That story translates anywhere people are chasing something hard.

WHAT AUDIENCES TAKE AWAY

A clear picture of what it takes to keep showing up at the top of the sport. The daily work behind a Commonwealth silver, a Canadian 100m title, a World Relays gold, and the road toward LA 2028. Practical lessons on mindset, preparation, and coming back from setbacks, told in my own voice.

SIGNATURE TOPICS

— The Comeback Mindset

Racing Paris through injury, and what it took to reset and win the Canadian title the next year.

— The Work Behind The Medal

The unseen reps. What Commonwealth silver actually costs, day by day, mile by mile.

— Team Under Pressure

Baton exchanges, trust, and turning strangers into a relay unit that can hold a Canadian record.

— From Ajax To The World

How a small-town Canadian kid ended up on Olympic start lines. For young audiences and educators.

Rooms I've locked in.

A short list of the rooms already booked, and the formats I bring in. Every booking is built for your room and agreed before signing.

SELECTED ENGAGEMENTS

TECHSKIS Summit	Keynote, RBCx Olympian, tech-leader room
Power of Play Breakfast	Headline keynote, RBC Right To Play, corporate giving
Lambton College Convocation	Convocation address to the graduating class, Toronto
Youth Assemblies, GTA + Rwanda	Team Canada gear in school gyms and on the ground with Right To Play
RBC Dominion Securities Associate Day	Corporate speaking, July 2026, RBC advisor audience

FOUR WAYS TO BRING ME IN

- | | |
|--|---|
| <p>— Corporate Keynote</p> <p>Lock the room in for your team or sales kickoff. 30 to 60 minutes plus Q&A.</p> | <p>— Fireside or Panel</p> <p>Conversational, moderated, made for conferences and summits.</p> |
| <p>— School or Youth Assembly</p> <p>Bring an Olympian to your students. Team Canada kit, K-12 to college.</p> | <p>— Virtual Keynote</p> <p>Same energy, beamed in from anywhere. Broadcast-ready setup.</p> |

The details.

AT A GLANCE

BASED IN	Ajax, Ontario, Canada
TRAVELS FROM	Toronto Pearson (YYZ)
LANGUAGES	English
AVAILABILITY	Global. Corporate, education, philanthropic, and virtual
LEAD TIME	4–8 weeks preferred, faster on request
RECORDING RIGHTS	Discussed per engagement
FEE	On request, tiered by format

SHORT BIO · FOR PROGRAM INTROS

Duan Asemota is a Canadian Olympic sprinter, 2025 Canadian 100m Champion, and Commonwealth Games silver medalist. He ran the Paris 2024 Olympics through injury, then came back the next year to win the Canadian title. In 2026 he helped Team Canada win Commonwealth silver in Glasgow and World Relays silver in Gaborone. He is a Right To Play ambassador and a King Charles III Coronation Medal recipient.

BOOKING

Tonbara Sports & Entertainment

representation@tonbarasports.com
tonbarasports.com · duanasemota.ca/speaking

@duanasemotaa

IG / TikTok: @b1gpocket